

# Basic Korean Commands

|                  |                          |
|------------------|--------------------------|
| Chah Reot        | Attention                |
| June Bee         | Ready                    |
| Keu Mahn         | Stop                     |
| Bah Ro           | Return to Ready Position |
| Kyeong Nae       | Bow                      |
| She Jahk         | Start/Begin              |
| Shi Uh           | At Ease/Rest             |
| Kihap            | Taekwondo yell           |
| Do-bok           | Uniform                  |
| Do-jahng         | Taekwondo facility       |
| Sah-beom nim     | Instructor               |
| Boo Sah-beom nim | Trainee Instructor       |

# Korean Numbers

|          |       |
|----------|-------|
| hah-nah  | one   |
| dool     | two   |
| set      | three |
| net      | four  |
| dah-seot | five  |
| yeo-seot | six   |
| il-geup  | seven |
| yeo-dol  | eight |
| ah-hop   | nine  |
| yeol     | ten   |

|            |         |
|------------|---------|
| soo-mool   | twenty  |
| seo-reun   | thirty  |
| mah-heun   | forty   |
| shwee-heun | fifty   |
| yea-heun   | sixty   |
| ee--reun   | seventy |
| yeo-deun   | eighty  |
| ah-heun    | ninety  |
| beck       | hundred |

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